



SECRET HOTELS



HARMONIA SPA MENU



Welcome

to **Harmonia Spa** at **Secret Suites Santorini**.

YOUR WELLNESS JOURNEY

“**Secret Hotels and Harmonia Spa** have set their standards higher and are off to launch your senses to a new found level of delight.”

Merging unique bio-actives with natural and rare, organic Greek & Mediterranean ingredients, award-winning Spa Brand **Ariadne Athens** aspires to provide the ultimate skin care experience, with promising products to give the skin a soft and delicate texture, embellishing its inner beauty.

Inspired by the sumptuously relaxed atmosphere, the majestic Mediterranean blue sea has to offer, these lavish face and body rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look.

Luxuriate yourself in a series of carefully designed rituals that carry the seal of excellence the Harmonia Spa has to offer. Choose among a wide range of outstanding treatments which emphasize on the uniqueness of a deluxe, natural, and pampering practice.



Wellness Rituals

There are certain rituals, designed with respect to the human body and soul, performed with love and affection, to provide the utmost sense of indulgement. **Ariadne Athens** proposes bespoke therapies aligned with a unique destination and inspired by its natural elements. Use the opportunity to enrich your holiday experience with traditional wellbeing practices.



WINE HARVEST

A ritual for spa connoisseurs

Inspired by the vineyards of Santorini, this exhilarating journey of relaxation and wellness soothes both body and mind. A luxurious exfoliation with olive kernels and rose petals softens and renews the skin, followed by a deeply nourishing body mask rich in proprietary antioxidants and vitamins. Sparkling notes of white bergamot uplift the senses as a soothing blend of yogurt and honey envelops the skin in freshness and hydration. An aromatherapy massage with warm candle oil completes the experience, offering profound relaxation and restoring inner balance. The ritual concludes with a refreshing glass of wine, awakening the senses and leaving you in a state of pure euphoria.

Key Elements: Welcome Touch, Body Scrub, Body Mask, Body Massage, Glass of Wine.

Duration: 1h 30m / 190€

LOVE AFFAIR

Honeymooners’ Experience

Spend quality time together and indulge in a truly unique experience, designed for couples to share. Enjoy a pampering ritual that combines the indulgence of chocolate flavors with rejuvenating treatments. Begin with a fine sugar crystal body scrub, infused with invigorating mocha notes, followed by a signature body mask featuring rich liquid chocolate extracts.

Then, relax as the heated solid wax of a candle slowly melts into luxurious liquid oil. The mesmerizing flame gently burns the candle while warm, delicately scented drops are poured onto your skin, enveloping your body in a velvet-textured massage that will delight even the most discerning massage enthusiast. Complete the ritual with an ultra-moisturizing facial, featuring raw honey and apricot extracts, to nourish and hydrate the skin. Your complexion will be left feeling soft, refreshed, and glowing with a silky, radiant finish.

Key Elements: Body scrub, Candle massage, Final body cream.

Duration: 1h 15m / 170€

MINOAN PRINCE & PRINCESS

Hydrating and Nourishing Face & Body Treatment

Let us make you feel like a real Prince or Princess. Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each and every step of this treatment imbue your senses in a world of opulence. The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask, containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration and tightening of the skin. The relaxing head to toe massage with warm pouches that complements the treatment with aromas of clary sage, honey and rosemary, literally endows an experience designed for royals.

Key Elements: Welcome Touch, Face & Body Scrub, Face & Body Mask, Face Massage & Full Body Massage with Warm Herbal Pouches, Final Skincare.

Duration: 2h / 220€

Couples Experiences

COUPLES MASSAGE JOURNEY

There are certain experiences which cultivate memories and emotions that last forever.
There are certain rituals, designed with respect to the human body and soul, performed
with love and affection, to provide the utmost sense of indulgement.
A unique experience, an expedition of relaxation for couples, with choices and combinations
of treatments based on your own needs.

Your Relaxation Journey starts with a Full Body Massage:

Physis Aromatherapy Massage 55' | 130€
Physis Aromatherapy Massage 85' | 160€
Deep Tissue Massage 55' | 140€

and continuous with your favorite treatment choice:

- Mini Facial Treatment 20' | 40€

Mini facial treatment for glow and deep hydration.

- Body Exfoliation 20' | 40€

Body exfoliation with natural salts and essentials oils of jasmine or mocha for
smooth and shiny skin.

- Hair & Scalp Massage 20' | 40€

Pressure Points Head Massage to relieve headaches and tension of the day.

- Hand & Foot Massage 20' | 40€

Foot and hand massage for complete relief from muscular pains.



Book your appointment today!



Facials

Unveil your skin’s true beauty with our expertly designed facials, tailored to meet the unique needs of your complexion. Using premium ingredients and advanced techniques, each treatment is crafted to cleanse, rejuvenate, and restore your skin’s natural glow. From deep hydration to anti-aging solutions, our facials offer a bespoke experience that leaves your skin feeling refreshed, revitalized, and radiant. Indulge in a moment of pure luxury, where every touch enhances your skin’s vitality and your sense of well-being.



PHOS

Luminously Radiant Skin

Inspired by the effortless glamour and sunlit beauty of the Greek islands, this glow-enhancing facial brings light back to your skin. Designed to reveal a brighter, firmer, and more youthful complexion, the treatment blends nature’s finest flower extracts with clinically proven brightening agents—such as vitamin C and freshly squeezed bergamot—to target signs of aging, improve tone and texture, and stimulate collagen production. Experience luminous skin, renewed vitality, and a radiant glow that mirrors the brilliance of the Aegean sun.

Duration: 60m / 100€

MELI

Vital Hydration & Nutrition

A deeply rejuvenating ritual inspired by the rich aromas and healing treasures of Crete—honey, sage, rosewater, and cistus—designed to restore balance and replenish moisture in even the most dehydrated skin. This intensive treatment envelops the complexion in nature’s most nourishing elements, leaving it irresistibly soft, supple, and radiant. Feel the soothing touch of rosewater blending with the refreshing essence of Cretan mountain tea, as a precious mask rich in pure thyme honey delivers deep hydration and lasting comfort. Apricot oil, known for its anti-aging benefits, enhances elasticity and natural glow. The ritual concludes with a curated skincare finish to lock in moisture and prolong your skin’s luminous vitality.

Duration: 60m / 120€

RHODON

Pro-Aging Glass Skin Facial

A celestial ritual for radiant, youthful skin. This luxurious treatment blends gemstones, roses, and powerful botanicals to target dullness, fine lines, and loss of firmness—restoring luminosity and elasticity to even the most delicate complexions. A velvet mask with aquamarine and moonstone extracts from Serifos lifts and revitalizes, followed by a second mask rich in flavonoids and vitamin C to boost microcirculation and defend against oxidative stress. A sculpting massage with rose quartz crystals smooths fine lines, while evening primrose extract deeply nourishes and firms.

Duration: 75m / 130€

SKIN REBIRTH

Bespoke Miracle Skin Renewal

A high-performance, all-in-one, personalized treatment, that promises to diminish the look of fine lines and wrinkles, deeply moisturize and regenerate the skin, soothe redness and irritation, heal scars, reinforce natural cellular turnover and improve overall appearance. Your face, décolletage, hands and arms are immersed in a shower of wellness through a series of fully custom-made products and exclusive techniques that address their individual concerns, ultimately presenting an entirely renewed look.

Your skin is recharged. Your skin is reformed. Your skin is reborn!

Duration: 60m / 140€

Body Treatments

Discover a world of indulgence with our exclusive body treatments, designed to nourish, restore, and enhance your skin's natural radiance. Each treatment combines luxurious techniques with the finest natural ingredients, offering you a holistic experience that rejuvenates both body and mind.

Let our expertly crafted rituals transport you to a state of deep relaxation and renewal, leaving you with smooth, glowing skin and a sense of complete tranquility.



SOFT SENSATION BODY SCRUB

An invigorating, full body exfoliation and body care treatment, lush in captivating aromas of jasmine, gardenia and coconut. Delicate white sugar crystals softly remove dead skin cells, while promoting circulation throughout the body. Completing the rejuvenation with a moisturizing body butter, the skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look!

Key Elements: Choice of Full Body Exfoliation and Skin Nourishing Body Lotion.

Duration: 40m / 90€

JET LAG RECOVERY

Post-travel rescue treatment

Escape travel fatigue and restore your inner balance with this 80-minute invigorating ritual, designed to revive the body's natural biorhythms. Perfectly suited for combating jet lag and exhaustion, this energizing experience grounds you and restores your sense of harmony when everything feels out of sync. A delicate mocha scrub leaves the skin silky smooth, preparing it to fully absorb the benefits of the rejuvenating massage that follows. Uplifting citrus aromas awaken the senses, while expertly choreographed massage techniques ease stress and tension. A refreshing blend of spearmint and grapefruit delivers a cooling sensation, gently stimulating circulation and offering deep comfort.

Key Elements: Touch, Face & Body Scrub, Facial Skincare, Head & Foot Massage.

Duration: 1h 20m / 140€

UNDER THE SUN

After-sun treatment

The ultimate care ritual for sun-exposed skin. This refreshing treatment captures the soothing essence of sea water and the calming benefits of yogurt, expertly blended to restore moisture and comfort. Designed to deeply hydrate and rejuvenate the face and body, it helps reduce irritation and replenish the skin's natural balance. A cooling mask enriched with sun-drenched pomegranate and pure aloe vera extracts restores lipids, delivering intense hydration and silky smoothness.

Inflammation is eased, leaving the skin calm, nourished, and revitalized.

Key Elements: Face Treatment, Body Wrap & Nourishing Body Lotion, Neck & Head Massage.

Duration: 55m / 120€

Massages

Immerse yourself in our carefully curated selection of luxury massages, each designed to target the unique stresses and challenges of daily life. With a variety of specialized treatments to choose from, allow yourself to be enveloped in a truly mythical experience, where relaxation and rejuvenation combine for an unforgettable journey of pure euphoria.



PHYSIS AROMATHERAPY

Aromatic relaxing massage

Physis-Greek nature has gifted us with natural elements such as herbs, seeds and spices that are rich in vitamins, antioxidants and soothing properties. A selection of oils featured by these herbs and seeds are designed to cover every individual need. Let us help you choose the ideal one for you and allow yourself to travel in the Greek fields, on a summer's day. Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

Key Elements: Full-body Relaxation Massage, with a choice of native aromatic oils.

Duration: 60m - 90m / 130€ - 160€

GREEK TOUCH DEEP TISSUE

Muscle release massage

A profound, tailor-made massage designed to release muscle tension, enhance circulation, and restore balance to both body and mind. Expert hands work deep into areas of soreness, using intensive techniques to eliminate built-up toxins and promote lasting relief. Elevating this experience, a bespoke blend of herbs and essential oils is crafted according to your needs. Inspired by ancient healing wisdom, rosemary, sage, cedar, and olive oil work in harmony to ease muscular fatigue, reduce inflammation, and encourage deep tissue recovery.

Key Elements: Full-body Sport Massage.

Duration: 60m - 90m / 140€ - 180€

MELTING SENSATION CANDLE MASSAGE

(De-Stress / Empowering / Relaxing / Recharging)

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique experience of aromatherapy, relaxation and rejuvenation that promotes bliss, balance and well-being.

Key Elements: Full-body Massage with warm, Natural Candle Wax.

Duration: 60m / 140€

CALDERA HOT STONE MASSAGE

An indulgent massage combination using hot volcanic stones and plant-derived oils enriched with essential oils. A unique experience that has gained faithful followers. offers ultimate relaxation and energy rebalancing. The targeted movements with hot stones relax the muscles. while massaging and the use of oils hydrate and deeply condition the skin.

Key Elements: Full-body Relaxation Massage, with a choice of native aromatic oils.

Duration: 60m / 140€

HEAD & BACK MASSAGE

A sensational journey that blends the ancient wisdom of Ayurvedic rituals with the aromatic richness of Greek herbs. This invigorating yet deeply relaxing massage focuses on the head, shoulders, and back, using a harmonious blend of organic oils infused with calming lavender, uplifting rosemary, soothing tea tree, and the healing aroma of laurel oil. The ritual concludes with the application of a silk-like body butter, enriched with soft floral notes, leaving the skin nourished and the senses restored.

A perfect balance of grounding and rejuvenation.

Key Elements: Back, Shoulder & Head Massage with Organic Oils and Pure Essential Oils.

Duration: 45min / 90€

PACKAGES

DAY SPA PACKAGE

230€

SOFT SENSATION BODY SCRUB | 40 min
PHYSIS AROMATHERAPY MASSAGE | 60 min
PHOS FACIAL | 60 min

2 DAYS SPA PACKAGE

360€

SOFT SENSATION BODY SCRUB | 40 min
MELTING SENSATION CANDLE MASSAGE | 60 min
SKIN REBIRTH FACIAL | 60 min
HEAD & BACK MASSAGE | 45 min

SPA ETIQUETTE

SPA ARRIVAL

We kindly request you to arrive at the spa 15 minutes prior to your appointment to relax and complete a health questionnaire, which will help us to personalise your visit. In the event of a late arrival at the spa, your treatment time will be reduced to ensure that the next guest is not delayed.

ADVANCED BOOKINGS

You can schedule a personalized treatment by speaking with our expert Spa team, who will guide you to the right choice. To ensure that your preferred time and treatment is available, we advise you to book in advance. Our therapists are highly trained to be sensitive to your comfort and modesty at all times.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your experience when making your spa reservation. Heat & water facilities are not recommended for pregnant women.

CANCELLATION POLICY

Any treatment cancelled without at least 4 hours notice will incur a charge equal to 50% of the value of the treatment(s). SPA ETIQUETTE Our spa environment is a place of relaxation, tranquility and privacy. Respecting this, please keep your mobile phones on silent mode during your stay. Our spa is a smoke-free area.

LOSS OR DAMAGE

Please note that the spa is not responsible for any loss or damage to your personal belongings. Please keep all your valuables locked in your locker during your visit. Thank you for your understanding.



Book your appointment today!



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www.santorini-secret.com

