



HARMONIA SPA

Harmonia, in ancient Greek religion, is the immortal goddess of peace, harmony and concord. Her Roman counterpart is Concordia, and her Greek opposite is Eris, whose Roman counterpart is Discordia. Her siblings are Eros/Cupid, Phlegyas, Adrestia and the twins Phobos and Deimos. Her parents are the Goddess of Love, Aphrodite and the God of War, Ares.

Reveal your “Secret” in our serene Harmonia Spa. This lavishly situated day spa offers personalized spa treatments and services created to relax your mind, restore and nourish your body and renew your spirit with harmony.





MASSAGES

HARMONIA SIGNATURE MASSAGE 60min 135€ / 90min 170€

Experience therapeutic powers of essential oil of rose which is seductive, antidepressant and helps in harmonizing emotions. A relaxing massage that incorporates the healing powers through the sense of smell and touch while helps to naturally increase circulation and nourish the skin.

CALDERA HOT STONE MASSAGE 60min 120€

An indulgent massage combination using hot volcanic stones and plant-derived oils enriched with essential oils. A unique experience that has gained faithful followers, offers ultimate relaxation and energy rebalancing. The targeted movements with hot stones relax the muscles, while massaging and the use of oils hydrate and deeply condition the skin.

APIVITA SIGNATURE MASSAGE 60min 110€

A combination of traditional massage techniques – such as shiatsu and reflexology – along with more modern methods – including deep tissue massage and aromatherapy massage –. Energy pressure points with Greek herbs complete this unique massaging combination. Relaxation and refreshment for body and spirit.



MASSAGES

DEEP TISSUE MASSAGE 60min 135€ / 90min 170€

An intense therapeutic body treatment which concentrates on pressure points to banish blockages in the body's energy flow and flush our toxins from the lymphatic system. Focuses on the deeper layers of muscle tissue through slow strokes and deep finger pressure across the fibers of the muscles, tendons and fascia. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness and sore shoulders.

APIVITA AROMATHERAPY MASSAGE 50min 110€

Invigorating and relaxing massage that fully utilizes the aromatherapy expertise of APIVITA. Select a unique blend of essential oils for exceptional benefits to your skin as well as your mood.

FOOT RITUAL 30min 70€

Refreshing and invigorating treatment for rested feet. A brief but splendidly relieving ritual that relaxes and conditions feet and cracked heels. Massage with reflexology applied pressure offers a unique sense of relief and relaxation.



AEGEAN WIND 80min 140€

A wonderful journey to the deep blue of the Aegean Sea. A herbal scrub with Cretan sea salt and lavender, rich in minerals and trace elements, removes dead cells from the skin while leaving it soft and rejuvenated. The moisturizing mud mask that follows deeply moisturizes and nourishes the skin while leading to the ultimate relaxation, inner harmony and balance. The unique APIVITA relaxing caldera hot stones massage, with volcanic stones and pure olive oil enriched with essential oils, offers an ultimate relaxing and energy balance.

ROYAL HONEY 60min 120€

Luxurious anti-aging treatment with fresh royal jelly and honey, straight from the beehives of APIVITA. Royal jelly, known as the elixir of youth, offers intensive nourishment, repair and renewal even to the most demanding skins. A holistic, honey-sweet beauty experience that improves skin texture and offers an incomparable feeling of relaxation and euphoria.

DEEP HYDRATING COOLING TREATMENT 60min 100€

A refreshing treatment that deeply hydrates and regenerates skin. The treatment includes a full body massage with a combination of plant oils that moisturizes and nourishes the skin, leaving it soft and smooth. A wrap with fossil body mask refreshes and soothes irritated skin after sun bathing and provides the body skin with deep moisture. Following, a short facial with the express mask with aloe rejuvenates the skin and provides a feeling of freshness. Recommended for dry dehydrated skin, and ideal after extended sun exposure.

APIVITA BODY SCRUBS 40min 95€

Exfoliation is important to help rid of the dead cells, skin stimulates smooth and soft

- Pure Jasmine exfoliating treatment
- Royal Honey exfoliating treatment Herbal Sea Salt exfoliating treatment detoxifies, leaving with sea salts with sea salt & organic lavender flowers.



FACE TREATMENTS

QUEEN BEE FIRMING TREATMENT 75min 120€

Luxurious Holistic anti-aging treatment- inspired by the bee dance, ensures best cellular communication between the skin layers acting on 6 levels and treating all causes to aging skin. Highly concentrated in natural actives and the exceptional benefits of royal jelly, the NEW Queen Bee is an elixir of life and youth for skin, restoring firmness and elasticity & Offering lifting effect. Intensive hydration and radiance supplement the exceptional benefits of this treatment. The unique APIVITA lifting massage and a targeted energy point. Activation techniques boost cell renewal, invigorate and stimulate microcirculation.

WINE ELIXIR ANTIWRINKLE TREATMENT 50min 90€

Anti-wrinkle and firming anti-aging treatment that utilizes the powerful antioxidant properties of red wine and resveratrol. As a main active ingredient in red wine, resveratrol activates collagen production to visibly reduce lines and wrinkles, while acting, in combination with the APIVITA anti-aging massage, as an indulging, natural, repairing elixir of youth with immediate results.

BEE RADIANT AGE DEFENSE TREATMENT 50min 105€

Treatment which contributes to stimulation of fibroblasts, increasing the production of collagen, elastin and other skin core structural proteins. Epidermis becomes thicker, firm and soft and allows the light to penetrate and to reflect by giving an inner healthy glow and radiance. This treatment enhances the body, by an internal activation with the use of hot stones.



AQUA VITA DEEP HYDRATION TREATMENT 50min 90€

Deep, intense and rejuvenating hydration treatment with immediate refreshing & brightening results. Includes the application of the APIVITA Aqua Vita line. Rich in chaste tree phyto-endorphins and patented propolis extract, instantly replenishes skin's moisture levels, while protecting against premature aging.

MEN'S FACIAL TREATMENT 50min 90€

A refreshing, holistic combination of intensive facial treatment and back massage that offers relaxation and a feeling of euphoria. APIVITA Men's Care line with cardamom and cedar deeply cleanses, energizes and hydrates skin, diminishing wrinkles and dark circles in the eye area.



HARMONY FOR COUPLES

MEDITERRANEAN RITUAL 1 20min 330€ (per couple)

- OLIVE OIL MASSAGE 70 min

A full body massage with Greek Virgin Olive Oil. It is a great skin moisturizer. Olive Oil also contains at least four antioxidants, which can help to neutralize damaging free radicals that may lead to skin aging and skin cancer.

- MEDITERRANEAN FACE FOOD MENU 50min

Holistic treatment menu based on the nourishing, antioxidant ingredients of the Mediterranean diet, offering beauty and wellbeing. Depending on its specific needs and type, the skin is revived and invigorated effectively, glowing with freshness and radiance.

ROYAL HONEY RITUAL 1 20min 350€ (per couple)

- HONEY BODY TREATMENT 70min

A mixture of honey and almond before sunbathing exfoliate and prepare the skin for tanning and then with the royal honey butter leaving your skin silky soft and smooth.

- HONEY FACIAL 50min

A deep hydration treatment for the face. The active ingredients of royal jelly will feed your skin and bring to it instant brightness through cleansing, exfoliation, facial and head massage, deep hydration honey mask and day cream. This treatment restores skins hydration, leaving your skin silky smooth.

RELAXING & DE - STRESS RITUAL 1 20min 320€ (per couple)

- CARING LAVENDER MASSAGE 70min

Lavender massage relieves stress, insomnia, anxiety and even pain. And combining the calming, pain relieving effects of lavender with gentle touch is one of the best ways to achieve deep, restorative relaxation.

- CARING LAVENDER FACIAL 50min

The soothing and therapeutic properties of Lavender draw out skin impurities whilst reducing unwanted shine and breakouts to leave your skin, nourished and toned.



SECRET HOTELS

